OFFICE CLEANING CHECKLIST

A guide to creating a more hygienic workplace

Did you know that the average office desk harbors 400 times more bacteria than a toilet seat?¹ Some of the most germ-ridden spots are not where you might expect.

Use this checklist to create a thorough cleaning routine that reduces bacteria spread, resulting in fewer sick days, lower healthcare costs, and a healthier workspace.



5 Biggest Germ Hotspots*

Many assume dirt and germs are confined to restrooms, but they also lurk in less obvious places.



Break Room Sink Faucet Handles



Microwave Door Handles



Computer Keyboards



Refrigerator Door Handles



Water Fountain **Buttons**

EXTERIOR

Entrance Mats:

Spot-clean as needed and replace regularly in rainy weather.

Loose Debris: Remove leaves, dirt, rocks and other debris.

Trash: Prevent overflow and maintain a tidy appearance.

High-Touch Surfaces: Disinfect doorknobs and handles regularly.

COMMON **AREAS/LOBBY**

High-Touch Surfaces:

Disinfect doorknobs

handles, elevator

buttons and shared office equipment like printers.

Floors: Regularly clean carpets or porous tiles.

Trash: Empty trash bins daily, even if not full.

Furniture: Dust and damp clean furniture.

Hand Hygiene Stations: Install hand sanitizer stations for convenient access.

DESK/CUBICLE

Keyboard and Mouse:

Regularly clean keyboards, mouse and pad.

Shared Telephone: Regularly disinfect shared phones.

Desks: Disinfect desks and chairs daily. Hygiene Supplies: Ensure hand

sanitizer, tissues and cleaning wipes are easily accessible.

Trash: Empty trash bins daily, even if not full.

Floors: Regularly clean carpets or porous tiles.

Eating at Desks: Remind employees to clean desks before and after eating.

RESTROOMS

Toilets: Clean and disinfect the entire toilet bowl with a monthly application of a disinfectant

germicidal cleaner.

Sinks and Faucets: Clean and sanitize sinks, faucets and other fixtures.

Surfaces: Wipe and clean all reachable surfaces, such as stall walls, doors and doorknobs.

Floors: Mop floors and tiled surfaces with a disinfectant solution.

Supplies and Maintenance: Refill soap dispensers, restock toilet paper and paper towels and empty trash bins daily.

Signage: Place signs reminding employees about good hygiene practices.

KITCHEN, BREAK ROOM, CAFETERIA

Food preparation: Clean and disinfect countertops, sinks and appliances.

Appliances: Regularly clean and sanitize kitchen appliances, especially coffee machine and water cooler.

Trash: Empty trash receptacles and change out liners daily.

Tables and Chairs: Clean and disinfect tables, chairs and other seating surfaces.

Hygiene Supplies: Ensure hand sanitizer, tissues and cleaning wipes are readily available.

Food Storage: Remind employees to date food and clean the refrigerator weekly.

Maintaining a clean and hygienic office is crucial for the well-being and

productivity of your team. To find the right products for your cleaning routine, check out our suite of hygiene solutions to help you create a healthier workspace.



*Study conducted for the Kimberly Clark-Professional™ Healthy Workplace Project, collecting nearly 5,000 individual swabs from office buildings.

1 Average office desk has 400 times more bacteria than toilet seat. (2020, September 23). NZ Herald.

